

091905T4HRI

HEALTH RECORDS AND INFORMATION TECHNOLOGY LEVEL 5

HE/OS/HR/CC/02/5/A

Apply Community Health

July/Aug 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 hours

INSTRUCTIONS TO CANDIDATES

1. This paper has three sections **A, B** and **C**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

This paper consists of 7 printed pages

**Candidates should check the question paper to ascertain that all pages
are printed as indicated and that no questions are missing**

SECTION A: (20 Marks)

Answer ***all*** questions in this section.

Each question carries one Mark.

1. Kenya essential package of health (KEPH) is a mechanism that has categorized health care provision in Kenya. An example of a tier 2 healthcare facility is:
 - A. Kayole 2 Community Health Unit
 - B. Kakamega County Referral Hospital
 - C. Nyeri Town Health Center
 - D. Moi Teaching and Referral Hospital
2. An appropriate health care referral system is one that allows for:
 - A. Specialized services to be provided at community level
 - B. Equal distribution of workload in the facilities
 - C. Giving more power to community members
 - D. Increasing job opportunities to health workers
3. In the selection of the community- based education service (COBES) the following are criteria the community looks for except?
 - A. Ability to read and write
 - B. The health problems of the community
 - C. Permanent resident of the community
 - D. Behavior and attitudes valued by the community
4. Which of the following is a color of one of the bins found in the hospital for waste disposal?
 - A. Purple
 - B. Yellow
 - C. Maroon
 - D. Pink
5. The type of waste that finds itself on the environment for long since it does not break down naturally is known as
 - A. Biodegradable waste
 - B. Stable litter
 - C. Refuse
 - D. Non-biodegradable waste
6. Which of the following obstacles hindered the achievement of eradication of extreme poverty and hunger?
 - A. Rising employment
 - B. Favorable weather
 - C. Political stability
 - D. Civil strife

7. Preventive programs introduced through primary health care (PHC) include the following except?
 - A. Environmental health
 - B. Nutrition
 - C. Paternal child health and family planning
 - D. Control of communicable and vector borne diseases
8. Which one of the following is NOT an essential element of Primary Health Care?
 - A. Multi Sectoral Approach
 - B. Education for all
 - C. Provision of essential drugs
 - D. Treatment of communicable and non-communicable diseases
9. The key strategy to meet the purpose of PHC is:
 - A. Linkages with health organizations
 - B. Requesting donations from NGO's
 - C. Partnership with people
 - D. Electing good people in government
10. Primary health care is a concept that was conceived by the world health organization (WHO) in which year?
 - A. 1988
 - B. 2008
 - C. 1978
 - D. 1908
11. -----refers to the ability of all individuals in a community to acquire the essential health services
 - A. Acceptability
 - B. Availability
 - C. Affordability
 - D. Appropriateness
12. A community health volunteer should possess the following qualities except?
 - A. Be a permanent resident in the community
 - B. Be a mature responsible individual
 - C. Be acceptable and respected by the whole community
 - D. Be self-supporting and ready to receive allowances

13. Which of the following statements is not true about level one community health services?
- A. Involve identification of cases that need to be managed at higher levels of care
 - B. Community units are not facility-based.
 - C. On average, there should be one community unit for every 5,000 people.
 - D. It should provide an average of 30 outpatient services
14. feces, urine, vomitus and sputum are waste products which can be classified as
- A. Compost
 - B. Refuse
 - C. Excreta
 - D. Semi solid waste
15. Methods of payment used in the health services should be at a price that the community can manage to pay. This statement demonstrates
- A. Accessibility
 - B. Affordability
 - C. Acceptability
 - D. Availability
16. In Primary Health Care, the targeted clients for the health services is
- A. Individuals
 - B. Families
 - C. Communities
 - D. Clients
17. Addressing the basic causes of malnutrition at the society level is a
- A. Curative service
 - B. Promotive service
 - C. Rehabilitative service
 - D. Palliative service
18. The principle of PHC that leads to socially and economically productive lives is?
- A. Equity
 - B. Science
 - C. Sustainability
 - D. Priority
19. The method of collecting heaps of biodegradable refuse inside holes that have been dug up on the ground and allowing fermentation to decompose off the waste into manure is known as?
- A. Incineration
 - B. Composting
 - C. Recycling
 - D. Burying

20. Which of the following facilities are concerned with specialized health care, training and research services on issues of the country's importance?
- A. County teaching and referral hospitals
 - B. National teaching and referral hospitals
 - C. Privately owned level four hospitals
 - D. Health Centre's and Dispensaries

SECTION B: (40 Marks)

*Answer **all** questions in this section.*

21. Define the following terms as used in community health (4 Marks)
a) Community
b) Health
22. Enumerate FOUR determinants of community health. (4 Marks)
23. Briefly highlight TWO types of human reservoirs (4 Marks)
24. State THREE purposes of disease prevention in a community. (3 Marks)
25. Enumerate FOUR importance of community diagnosis. Analyze the health status of the community (4 Marks)
26. The information collected in a community diagnosis is called health indicators, recall FOUR characteristics of indicators; (4 Marks)
27. It's always important for community members to take part in community health activities. State FOUR roles of the community in preserving healthy and safe environments. (4 Marks)
28. Drugs may be categorized or classified according to certain shared symptomatology or effects. List FOUR classifications of drugs. (4 Marks)
29. Goals and targets were set for achieving 'Health for All' by the Year 2000. Name FOUR of these goals were discussed during the Ala-Atta declaration. (4 Marks)
30. Enumerate FIVE postnatal services offer in the maternal and child health clinic. (5 Marks)

SECTION C: (40 Marks)

*Answer any **two** questions in this section*

31. Discuss FIVE components of community nutrition (20 Marks)
32. Primary health care is essential health care that is required by all people within a community set-up for them to remain healthier and strong at all time. As to the concepts of PHC;
- a) Define primary health care (2 Marks)
 - b) State FIVE levels of primary health care units. (4 Marks)
 - c) List FIVE elements of PHC that were added by the Kenyan Government. (5 Marks)
 - d) There are THREE main PHC strategies, discuss. (9 Marks)
- 33.
- a) Explain FIVE natural methods of family planning. (10 Marks)
 - b) Describe FIVE side effects of oral contraceptives (10 Marks)